

JENNA D. S. PARRO, MHA

WELLNESS & OUTREACH COORDINATOR

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EDUCATION

Master of Health Administration May 2016
Texas State University, San Marcos, Texas

Bachelor of Arts in Anthropology May 2014
University of Texas at Austin, Austin, Texas
Minor: Chemistry Minor Equivalent: Biology

RESEARCH

Co-investigator on research project, *St. Edward's University* 2017
An Investigation of Help-Seeking Behavior Change in College Students as a Result of Health & Counseling Outreach

- Conduct a quantitative research study to provide insight into the potential impact of health and counseling outreach efforts on undergraduate students;
- Collect data on help-seeking behavior change as a result of in-class health outreach presentations;
- Write report and paper for intended publication.

Graduate thesis, *Texas State University* 2016
A Survey of Health Administrator Attitudes Towards Diversity Through A Feminist Lens
Advisor: Dr. Kimberly Lee, Department of Health Administration

- Conducted a quantitative research study to meet thesis requirement for graduate program;
- Concluded that race, gender, and marginalization status impacted health administrator attitudes towards diversity in the workplace and presented feminist standpoint theory as a means by which healthcare leaders can better evaluate workplace diversity initiatives, disentangle harmful power structures, and lead happy employees.

Research apprenticeship, *University of Texas at Austin* 2012
Celtic Symbolism in Europe
Advisor: Dr. Mariah Wade, Department of Anthropology

- Collected and recorded data on incidences of eight Celtic symbols as they appeared across Europe in the archaeological record;
- Determined a potential temporal and geographic migration pattern of Celtic peoples across Europe;
- Designed and presented poster at UT Research Week Student Conference.

PROFESSIONAL EXPERIENCE

Wellness and Outreach Coordinator 2016 – Present
St. Edward's University, Austin, Texas

- Manage peer health education program, including supervising and advising team of 5-7 undergraduate peer health educators;
- Coordinate campus-wide suicide prevention program through the QPR Institute;
- Design, write, and edit health outreach materials, including content creation, curation, and development;
- Deliver presentations, lectures, and seminars on a variety of health and wellness topics for students;
- Cultivate campus partnerships to design collaborative, integrated, and innovative health programming.

- Director of Member Services** 2016
National Volunteer Caregiving Network, Round Rock, Texas
- Strengthened and streamlined communications with member programs, including maintaining a Google platform and social media accounts;
 - Designed, wrote, and edited monthly newsletters, including content creation, curation, and development;
 - Delivered regular reports and strategic planning measures to the Board of Trustees.
- Associate Director, Service-Learning Initiative** 2015 – 2016
Texas State University, San Marcos, Texas
- Collaborated with a committee to design, write, and conduct a campus-wide survey on the use of service learning on campus;
 - Managed and monitored quality improvement efforts;
 - Designed, coordinated, and administered workshops related to service-learning teaching methods;
 - Mentored faculty and student teaching assistants for service-learning courses;
 - Designed logo and participated in other branding/marketing campaigns across campus.
- Program Director, Mutual Adoption Pact and Safe at Home** 2014 – 2015
Texas State University, San Marcos, Texas
- Administered two service-learning programs focused on serving seniors;
 - Managed and coordinated groups of 15-20 undergraduate volunteers (per semester) engaging in service-learning programs;
 - Mentored, trained, and advised undergraduate student volunteers;
 - Organized, developed, and administered campus-wide service-learning and leadership meetings.
- Peer Educator, Alcohol and Other Drugs** 2012 – 2014
University of Texas at Austin, Austin, Texas
- Prepared and presented student workshops on alcohol and other drugs;
 - Trained in public health research, including how to conduct literature reviews;
 - Collaborated with students, faculty, and staff across campus as part of the Wellness Network, a campus-wide committee formed to share ideas and influence university policy for a healthier campus culture.

PUBLICATIONS

Bouffard, S., Dougherty, M., **Parro, J.S.** Telemedicine use in Native American rural communities in the era of the ACA: A systematic literature review. *Journal of Medical Systems*. 40:145. April 26, 2016.

CONFERENCES & SYMPOSIUMS

Texans Standing Tall Annual Conference – Austin, Texas	Feb 2018
NASPA Health Promotion & Well-Being Conference – Portland, Oregon	Jan 2018
Healthier Texas Summit – Austin, Texas	Nov 2017
Association for Student Affairs at Catholic Colleges & Universities (ASACCU) – Philadelphia, Pennsylvania	July 2017
Feminist Action Project – Austin, Texas	Apr 2017
Women and Gender Research Collaborative – San Marcos, Texas	Mar 2016
UT Research Week Student Conference – Austin, Texas	Apr 2012

INVITED TALKS, LECTURES, & PRESENTATIONS

- Guest lecturer**, various St. Edward's University classes 2016 – Present
St. Edward's University, Austin, Texas
- "Stress Management"

- “Study Skills”
- “Time Management”
- “Self-Care”
- “Holistic Wellness”
- “Wellness for Administrative Professionals”
- “QPR: Questions, Persuade, Refer - Suicide Prevention”
- “Resilience and Grit”
- “BeWellxTech: Harnessing the Power of Technology to Cultivate Well-Being”

<p>Panelist, Healthy Hilltoppers <i>St. Edward’s University</i>, Austin, Texas “Globally Minded: Exploring the Intersection of Mental Health & Culture”</p>	Oct 2017
<p>Keynote speaker, Second-Year Dinner <i>St. Edward’s University</i>, Austin, Texas “Wellness and You”</p>	Sept 2017
<p>Panelist, Multicultural Leadership Board <i>St. Edward’s University</i>, Austin, Texas “Colleged or Coddled? A Discussion on the Challenges Modern College Students Face”</p>	Nov 2016
<p>Panelist, Dean’s Leadership Council <i>St. Edward’s University</i>, Austin, Texas “Careers in the Liberal Arts”</p>	Nov 2016
<p>Keynote speaker, Psi Chi Honors Society Induction <i>St. Edward’s University</i>, Austin, Texas “Why Liberal Arts Matter”</p>	Nov 2016
<p>Panelist, Residence Life <i>St. Edward’s University</i>, Austin, Texas “Pillow Talk: Healthy Sexuality and Relationships in College”</p>	Oct 2016
<p>Thesis defense, Texas State University <i>Texas State University</i>, San Marcos, Texas “A Survey of Health Administrator Attitudes Towards Diversity Through A Feminist Lens”</p>	Apr 2016
<p>Alternate speaker, TEDxSanAntonio San Antonio, Texas “Transforming Healthcare Through Feminism”</p>	Mar 2016
<p>Guest presenter, National Volunteer Caregiving Network Board Meeting <i>Texas State University</i>, San Marcos, Texas “Mutual Adoption Pact & Safe at Home: The Impact of Service-Learning”</p>	Oct 2015
<p>Guest lecturer, Healthcare Law Graduate Course (HA5321) <i>Texas State University</i>, San Marcos, Texas “Healthcare Law”</p>	July 2015
<p>Peer educator, UT HealthyHorns Peer Education Programs <i>University of Texas at Austin</i>, Austin, Texas</p> <ul style="list-style-type: none"> ● “Alcohol Feud” ● “College Drug Jeopardy” 	2012 – 2014

- “BASICS – Brief Alcohol Screening Intervention for College Students”
Student presenter, UT Research Week Student Conference (Student Presentations) Apr 2012
University of Texas at Austin, Austin, Texas
 “Celtic Symbolism in Europe”

Poster presenter, UT Research Week Student Conference (Poster Presentations) Apr 2012
University of Texas at Austin, Austin, Texas
 “Celtic Symbolism in Europe”

HONORS & AWARDS

Board president, Service-Learning Excellence Advisory Board at Texas State University	2017 – Present
Committee Member, Mental Health Taskforce at St. Edward’s University	2017 – Present
Excellence in Wellness award winner St. Edward’s University Division of Student Affairs	2017
Excellence in Social Justice award nominee, St. Edward’s University Division of Student Affairs	2017
Excellence in Innovation award nominee, St. Edward’s University Division of Student Affairs	2017
Excellence in Collaboration award nominee, St. Edward’s University Division of Student Affairs	2017
Bernard & Irma Rappaport Outstanding Graduate Student Award	2016
Megan Michelle Hamid Memorial Scholarship for Civic Engagement	2016
Upsilon Phi Delta Honor Society for Excellence in Healthcare Management	2016
Team leader for Texas State MHA, University of Alabama Birmingham Case Competition	2015
Texas Exes San Antonio Chapter student scholarship	2011

VOLUNTEERISM & SERVICE

Volunteer, Board of Trustees <i>National Volunteer Caregiving Network, Austin, TX</i>	2016 – Present
Proposal Reviewer <i>NASPA Conference for Health Promotion & Well-Being</i>	2017
Co-coordinator <i>San Marcos Stampede 5K, San Marcos, TX</i>	2016
Volunteer coordinator <i>San Marcos Stampede 5K, San Marcos, TX</i>	2015
Student volunteer <i>SafePlace, Austin, TX</i>	2011
Pre-K English language teacher, refugee class <i>University United Methodist Church, San Antonio, TX</i>	2010 – 2012

CERTIFICATIONS

Certified QPR: Question, Persuade, Refer – Suicide Prevention Trainer
 Certified in Collaborative Institutional Training Initiative (CITI) Human Subjects Protection
 Certified in National Health Institute (NIH) Human Subjects Protection

LANGUAGES

French, beginner proficiency (learning)
 Spanish, beginner proficiency